

**441—183.1(234) Definitions.**

*“Adult”* means any person who has attained majority through arriving at the age of 18 or through marriage, even though the marriage is terminated by divorce.

*“Community assistance services”* are activities undertaken to support the identification, development and provision of services within the community on behalf of the adult. The activities include helping the adult identify ways to utilize and benefit from available community resources. The activities also include consultation and collaborating with other community resources to develop and implement service approaches responsive to a particular adult’s needs. When possible, the adult takes part in any consulting or collaborating.

*“Department”* means the Iowa department of human services.

*“Individual treatment services”* are activities undertaken to halt, control or reverse undue stress and severe social, emotional or behavioral problems that threaten, or have negatively affected the adult’s functioning or stability. Activities undertaken through this service may include therapy, counseling and treatment to adults.

*“Service management activities”* are undertaken by the service provider to structure and facilitate the delivery of the service or services they are providing in response to the directions and goals of the department case plan. These activities include the following:

1. Intake activities to collect information about the adult necessary to begin service delivery.
2. Assessment activities to review all available information on the adult to identify the strengths and resources of the adult as well as obstacles impeding the adult. The strengths, resources and obstacles are analyzed throughout the service period to facilitate the service provider’s response to the department’s case plan directions and goals.
3. Planning activities to develop or revise a written service plan which reflects the assessment findings and describes the service provider’s implementation of the department’s case plan directions.
4. Termination activities to review information prior to the discontinuation of one or more services to develop a summary of service delivery and service outcome. The summary shall include recommendations to the department regarding the adult’s needs for future services.

*“Social contact services”* are activities undertaken to provide reassurance to otherwise isolated adults through one-to-one contact as a means of maintaining them in the least restrictive environment.

*“Supervisory services”* are activities undertaken to provide necessary oversight or guidance to an adult in the performance of required activities to facilitate the receipt of necessary service not otherwise available.